

# Support offers. Health Insurance Livo Top and Livo Smart.

**CSS pays a share of the cost of the support offers listed below under "Health Insurance Livo Top" and "Health Insurance Livo Smart" supplementary insurance, taking into account the cost participations and maximum amounts indicated.**

## Cost participation and maximum amount

(see Art. 2.1.7 SC)

min. 50%, max. CHF 1,000 per calendar year

The obligation to pay benefits is governed by the General Insurance Conditions (GIC) and the Supplementary Conditions (SC) of "Health Insurance Livo Top" and "Health Insurance Livo Smart".

The following list is compiled by CSS and may be amended unilaterally by CSS (see Art. 40.2 GIC).

Offer	Recognised providers	Cost participation and maximum amount
Asthma advice, neurodermatitis training, anaphylaxis training	aha! Swiss Allergy Centre	50%, max. CHF 1,000 per calendar year
Basic courses for family caregivers	Migros Club School, Swiss Red Cross (SRC), Pro Senectute	
Course on self-management and health literacy in chronic disease management	Evivo Netzwerk ( <i>Evivo Network</i> ) association	
Dementia courses	Course leaders for EduKation demenz ( <i>Dementia Education</i> ), Swiss Red Cross (SRC), Alzheimer Schweiz ( <i>Alzheimer Switzerland</i> )	
Digital support and coaching during Carity cardiac rehabilitation	Carity AG	

## Additional notes

- Information about any other providers recognised in accordance with Art. 2.1.7 SC of "Health Insurance Livo Smart" and "Health Insurance Livo Top" may be obtained from the Client Service Centre, the agencies or via the myCSS portal.
- These offers are group classes unless indicated otherwise.

## We are here for you and happy to help:

Client Service Centre 0844 277 277

[css.ch/agency](https://css.ch/agency)

[css.ch/livo](https://css.ch/livo)