



# SEASONAL CALENDAR FOR VEGETABLES

## JANUARY

Beetroot  
Black salsify  
Brussels sprouts  
Chicory  
Red cabbage  
Savoy cabbage  
Topinambur  
Kale  
Kalettes  
Parsnip  
Potato  
Pumpkin

## FEBRUARY

Beetroot  
Black salsify  
Chicory  
Pumpkin  
Red cabbage  
Savoy cabbage  
Topinambur  
Kale  
Kalettes  
Parsnip  
Potato

## MARCH

Beetroot  
Black salsify  
Parsnip  
Potato  
Red cabbage  
Savoy cabbage  
Topinambur  
Chicory  
Kale  
Kalettes

## APRIL

Beetroot  
Black salsify  
Chicory  
Potato  
Red cabbage  
Savoy cabbage

## MAY

Beetroot  
Black salsify  
Chicory  
Potato  
Red cabbage  
Savoy cabbage

## JUNE

Beetroot  
Chicory  
Potato  
Red cabbage  
Savoy cabbage

## JULY

Beetroot  
Chicory  
Parsnip  
Potato  
Red cabbage  
Savoy cabbage

## AUGUST

Beetroot  
Chicory  
Parsnip  
Potato  
Pumpkin  
Red cabbage  
Savoy cabbage

## SEPTEMBER

Beetroot  
Brussels sprouts  
Savoy cabbage  
Parsnip  
Potato  
Pumpkin  
Red cabbage  
Chicory

## OCTOBER

Beetroot  
Black salsify  
Brussels sprouts  
Cardoon  
Chicory  
Red cabbage  
Savoy cabbage  
Kale  
Parsnip  
Potato  
Pumpkin

## NOVEMBER

Beetroot  
Black salsify  
Brussels sprouts  
Cardoon  
Red cabbage  
Savoy cabbage  
Topinambur  
Chicory  
Kale  
Kalettes  
Parsnip  
Potato  
Pumpkin

## DECEMBER

Beetroot  
Black salsify  
Brussels sprouts  
Cardoon  
Red cabbage  
Savoy cabbage  
Topinambur  
Chicory  
Kale  
Kalettes  
Parsnip  
Potato  
Pumpkin